

## "Ain't No Stoppin' Us Now"

**Ain't no stoppin' us now, We're on the move (Alright, Alright)**  
**Ain't no stoppin' us now, We've got the grove (Alright, Alright)**

There've been so many things that have held us down  
But now it looks like things are finally comin' around, yeah  
I know we've got a long, long way to go,  
And were we'll end up, **I don't know**

But we won't let nothin' hold us back  
**We're gonna get ourselves together,**  
**We're gonna polish up our act, yeah**  
**And if you've ever been held down before**  
**I know you'll refuse to be held down any more,**  
**Yeah-yeah**

Don't you let **nothin', nothin'** stand in your way  
I want y'all to **listen, listen, to every word I say, to every word I say**

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I know you know someone who's got a negative vibe  
And if you only happen they only keep you alive  
They really don't have nowhere to go  
Ask them were they're going, **they don't know**

But we won't let nothin' hold us back  
**We're gonna get ourselves together,**  
**We're gonna polish up our act, yeah**  
**And if you've ever been held down before**  
**I know you'll refuse to be held down any more,**  
**Yeah-yeah**

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**S T O P P I N, ain't no stopping**  
**S T O P P I N, ain't no stopping**

**Ain't no stoppin' us now**